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### **Recognize indicators of distress**

Common indicators are listed inside. Students may present with indicators not listed.

2

### **Respond appropriately**

Each situation is unique. Use the tips and decision tree to determine the most appropriate response.

3

### **Refer the student**

Use the list of resources on back cover to refer the student to the most appropriate campus or community resource.



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The student's conduct is clearly dangerous or threatening, including self-harm or harm to others.

Call University Police Emergency Line (5511) or 911 and follow up with the student later.

NO

I am not concerned for anyone's immediate safety, but the student is having significant academic or personal issues and could use some support.

I'M NOT  
SURE

The student is with me currently and shows signs of distress, but it is not clear how serious it is. I feel uneasy and/or really concerned about the student.

The student is **not** with me currently, but I am concerned about what they said (in an email/call) OR what they did (acted bizarrely, were aggressive and/or disruptive) OR how they looked (unkempt, unwashed, or as if drugged/drunk).